

*St Bernadette's Aged Care Facility is a vibrant and caring community, enriched by the cultural diversity of residents and staff. Our dedicated professional staff provide high quality 24 hour care.*



**Catholic  
Homes**

*Enriching life with choices,  
harmony and community.*



**St Bernadette's**  
*Aged Care Facility*



*At St Bernadette's I feel valued and respected. It is a very friendly and caring community and the choice of activities is wonderful.*

### **Individual Approach**

Your individuality, independence and dignity are important to us. We tailor our services to meet your physical, social, spiritual, cultural and other special needs and preferences. We offer choices, listen to you and ask for your feedback on a regular basis.

### **Comfortable and Relaxing**

St Bernadette's provides a comfortable and secure living environment. Private rooms have pleasant garden views and ensuite facilities. Communal amenities include a chapel, enclosed courtyard, and areas for activities, social gatherings and quiet reflection.

### **Caring Professional Staff**

You will receive high quality care and support from our dedicated team of professional staff, including 24-hour coverage by qualified nurses. We work closely with your doctor and provide access to other health services such as podiatrists, dieticians, and physiotherapists. We provide low and high levels of care so that you have the confidence of continuity of care if your needs change.

Balanced and freshly prepared meals cater for a variety of tastes, choices and special dietary requirements. Family and visitors are welcome to stay for meals.

### **Enjoyment of Life**

Your enjoyment of life is important to us. A stimulating program of activities based on the interests of residents is coordinated by qualified staff and enriched by the contributions of volunteers and community groups. Activities include: music and dance recitals, exercise program, cultural events, regular excursions, crafts, games and special celebrations.

### **Spiritual and Pastoral Care**

As the spiritual dimension of life is very important for some of our residents we provide regular Mass, rosary and other services in our chapel. We cater for all denominations and can arrange pastoral care.



*We would welcome the opportunity to meet with you to discuss your needs, answer your questions and show you around our community at St Bernadette's Aged Care Facility.*